

REIGNITE THE SPARK WITHIN

***FROM FEELING STUCK TO
LIVING PURPOSEFULLY***



Discover how to lead a purposeful life through mindset transformation and actionable steps toward clarity and balance.

GOPAL SUBRAMANIAN

Your Guide to Purposeful Living

Is This Program for **YOU**?

Are you a working professional aged 35–45 feeling stuck in your career?

Do you often wonder:

- Am I truly fulfilled in my current role?
- How can I find clarity and direction in my professional life?
- Is it possible to balance career growth with personal well-being?



If you relate to these questions, *Purposeful Professional* is designed specifically for you.

What to **Expect**?

This program focuses on **helping you**:

- Overcome self-doubt and limiting beliefs.
- Rediscover your values and passions.
- Build a roadmap for a career and life that aligns with your inner purpose.



Why Work with Coach Gopal?

After a 20-year career in engineering, I chose to pursue my passion for behavioural science, helping individuals like you navigate career transitions and **find meaning** in their professional lives.



- **12+ years of experience** in life coaching and career transitions.
- Successfully guided **1,000+ professionals** toward clarity and purpose.
- Expertise in uncovering core values, motivations, and strengths to create a life aligned with your goals.

Let's work together to ignite your **inner spark** and create a fulfilling, **balanced** career.



Where do you **START**?

Step 1: Focus on Your **CORE**

The journey begins by understanding your **Core Values, Beliefs, Motivations, Skills, and Personality.**

Why **CORE**?

Your core is the foundation for everything. Misaligned values lead to stress and indecision, while clarity about your core brings confidence and balance.

Example:

After 20 years as a computer engineer, I realigned my professional path to focus on behavioral science, which resonates with my passions and strengths. This process of exploring my core transformed my career and life—and it can do the same for you.

**BEGIN YOUR JOURNEY BY
FOCUSING ON YOUR CORE.**



5

Steps to a Purposeful Professional Journey

- 01 Define Your Core Values and Beliefs**
Understand what drives your decisions and identify areas of misalignment.
- 02 Discover Your Core Purpose**
Uncover how your passions can align with a meaningful career path.
- 03 Explore Your Core Strengths**
Gain clarity on the reasons behind your behaviors and leverage your abilities.
- 04 Balance Core Life Areas**
Learn to prioritize your goals across personal and professional domains.
- 05 Build a Roadmap for Success**
Set actionable goals to create the career and life you've envisioned.



PROGRAM STRUCTURE

L1 Coaching: Group Sessions

| | |
|-------------|--|
| Duration | 5 sessions over 5 weeks |
| Format: | Small group coaching (5–10 participants) |
| Investment: | Regular: ₹19,000 + tax |

 **LIMITED OFFER** ₹15,000 ONLY + tax

*Terms & Conditions applied



1:1 Personal session to address your unique challenges.



This structure ensures a supportive, focused environment where you'll receive practical guidance tailored to your needs.



Where Are You **TODAY?**

Take a moment to reflect. Do these statements describe you?

- Struggling to make important life decisions due to a lack of clarity, leading to stress.
- Feeling overwhelmed by the uncertainty of career change and its potential impact on your livelihood.
- Finding it challenging to maintain a work-life balance amidst demanding schedules.
- Dealing with self-doubt and fear of failure when considering unfamiliar territory.

Common Roadblocks:

- **Confusion:** Unsure whether to follow market trends or pursue your passions.
- **Time Constraints:** Finding it hard to prioritize self-reflection and growth.
- **Fear of Failure:** Doubting your ability to succeed in a new venture.

Acknowledging these challenges is the first step toward meaningful change.



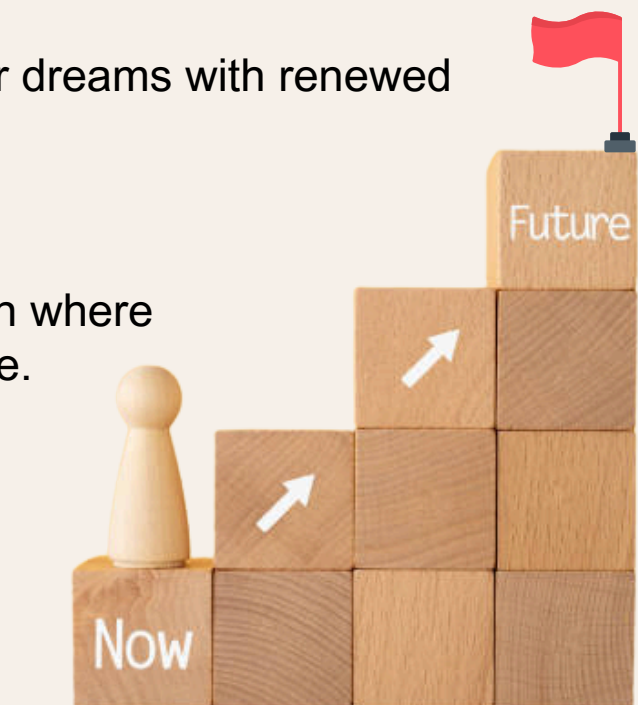
Your Transformational Journey

Imagine your ideal future. Do these statements resonate with you?

- Establishing a fulfilling and purpose-driven career that aligns with your passions and values.
- Achieving financial stability while providing security for yourself and your family.
- Cultivating a healthy work-life balance to focus on personal growth and relationships.
- Gaining confidence to pursue your dreams with renewed energy and motivation.

This program bridges the gap between where you are now and where you want to be.

THE JOURNEY BEGINS HERE



What my clients say

1

Hey, this is AD here, I've been fortunate to work with Gopal over the past few months. His coaching has been incredibly beneficial. I've gained new perspectives on challenges like organizing, delegating, approaching people, and decision-making, to the point where I now look forward to them. Gopal's sessions include insightful questions that help you find solutions aligned with your values. His kind and calm demeanor makes each session enjoyable. I highly recommend Gopal's coaching and am truly grateful for the impact it has had on me.

Adwait Deshpandey
Project Lead, IT

2

I had been struggling with self-confidence and panic attacks until I met Gopal sir. His calm, non-judgmental approach made all the difference. He listens carefully and is dedicated to finding solutions. Thanks to our sessions, I've overcome my fears, gained confidence, and become more self-aware. I now feel better equipped to tackle challenges and self-analyze. I am truly grateful for his help.

Sanchita
Senior Engineer, IT

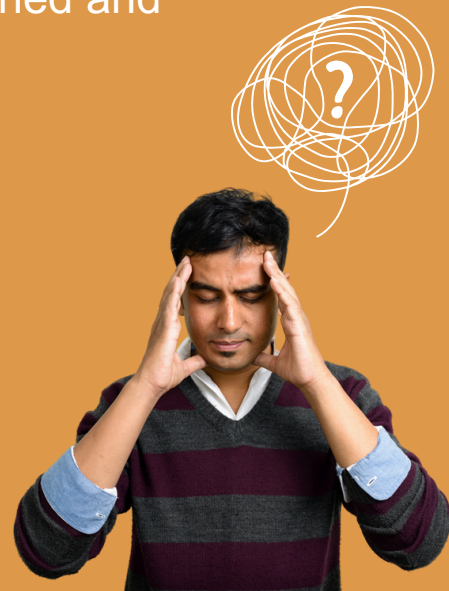


WHY NOW?

A Reality Check

Imagine this: It's been six months, and nothing has changed. You're still stuck in the same routine, feeling drained and unfulfilled.

- Your stress levels have started affecting your health and relationships.
- Your lack of clarity leaves you second-guessing every decision.
- You feel like you're losing valuable time that could have been spent building the life you truly want.



Now, imagine the opposite:

- A life where you wake up energized, knowing your work aligns with your purpose.
- A career that fulfills you and brings financial security.
- Relationships that thrive because you're balanced and present.

**THE CHOICE IS YOURS.
START YOUR JOURNEY TODAY.**



TAKE THE **FIRST** STEP

BECOME A *PURPOSEFUL PROFESSIONAL*

- 01** Join our **5-week coaching program** and begin your journey toward clarity, balance, and fulfillment.

BECOME A PURPOSEFUL PROFESSIONAL

- 02** **Not sure yet? Let's talk!**
Schedule a free 30-minute consultation to see how we can work together.

CONSULTATION

- 03** **L2 Personalized Coaching**
For a more personalized—tailored coaching, click the link below.

LEVEL 2 COACHING PROGRAM



REIGNITE THE SPARK WITHIN

“In every challenge lies the opportunity for growth and transformation. Let’s work together to uncover your true potential and create a life you love.”



**Purposeful Professional Coaching
Program**

GOPAL SUBRAMANIAN

Start your journey with Coach Gopal.